



WELCOME BACK TO SCHOOL

Melisa M. Wilmot – College & Career Advisor
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A WELCOME MESSAGE FROM MS. WILMOT:

- Hello, my name is Ms. Melisa Wilmot. Welcome to the 2022-2023 school year!
- I'm so happy that I'm going to be your College and Career Advisor for this school year. I can't wait to work with all our Chargers this year!
- The Career Center is located next to the Cafeteria, and is full of information and resources for students in ALL grade levels to use throughout the year.
- Please be sure to stop in to become familiar with all the resources available to you in school and on the Career Center website.

OVERVIEW OF POST-SECONDARY OPTIONS

- ☒ Direct workforce– Create a LinkedIn profile and start networking
- ☒ Military– Check out FUTURES Magazine–Today's Military (todaysmilitary.com). Prepare for ASVAB testing. Stay in shape.
- ☒ Apprenticeships – Check out info on Local Unions. Make sure you have your drivers license. Prepare for aptitude testing
- ☒ Vocational/Trade/Private Career Schools – Research different industries and schools at PCS Search (maryland.gov)
- ☒ 2-year schools – College of Southern Maryland is our local college, but also check out Allegany College of Maryland which has dorms & different program options.
- ☒ 4-year schools –Find your fit at www.bigfuture.com



UPCOMING EVENTS & OPPORTUNITIES

- The Charles County College Fair for Juniors & Seniors
Wednesday, September 21, 2022
North Point High School / Waldorf, Maryland
*Financial Aid presentations will be at 6:15 PM and 7:15 PM
– Juniors and Seniors at Lackey High School have the opportunity to sign up and attend the field trip to the College Fair between 11:15 AM–1:40 PM. Permission slips were passed out to English classes with more copies available in the Career Center.
- ***THE PSAT will be given on Wednesday, October 12th. The deadline for students to register is September 12th. 10th graders will register for the PSAT in their English classes. 9th and 11th grade students interested in taking the PSAT must register with Ms. Dickey in the Media Center. The fee for 9th and 11th graders is \$20 if paying through My School Bucks; \$18 if paying by cash or check.***

SENIORS!

- This is an exciting year where you will make one of the most important decisions of your life--what to do after high school.
- At Lackey, the Counseling Department and the College & Career Advisor are here to help you and your family every step of the way!
- ENJOY your last year of high school and continue to be a positive influence for the rest of the students at Lackey High School.



The National Association for College Admission Counseling (NACAC) is hosting multiple VIRTUAL College Fairs. Mark your calendars for the NACAC Virtual College Fairs below:



Virtual College Fairs

September Virtual College Fair

Sunday, September 11
1pm – 6pm ET

October Virtual College Fair

Sunday, October 9
1pm – 6pm ET

November Virtual College Fair

Sunday, November 6
1pm – 6pm ET



SIGN UP NOW FOR FREE!
nacacattend.org/fairs



- *College fairs are in full force this time of year. Many students have never participated in a college fair and are uncertain of what to ask college representatives. Students are wondering if their parents should attend the college fair with them. The individual situations will vary, but one thing all students have in common is that they want to know what to ask at the college fair.*

Some Keys to College Fair Success

- *Some general tips to consider:*
 1. *Dress professionally.*
 2. *Do your research ahead of time and look at the school websites of those that interest you.*
 3. *Write down your questions before the fair so that you remember what you want to ask. It gets a little intimidating if you attend a college fair unprepared.*
 4. *A good way to start is by introducing yourself, your field of interest, and your high school/grade level. That great opener makes a good impression.*



September Grade Level Monthly Reminders:

Freshman Planning Guide (freshman year DOES count!):

- Begin and continue a thorough self-examination of your abilities and interests.
- Study hard and get good grades. Set your academic goals now.
- Think about careers. Visit the Career Center.
- Try a sport, club, or other activity (the more unique the better – but something you enjoy).
- Begin your resume. Your history reviewed by college reps and scholarship committees starts now.
- Get to know your Counselor and College & Career Advisor in the Career Center.

Sophomore Planning Guide:

- Prepare for the PSAT (Good practice for next year when you will be eligible for the National Merit Scholarship competition).
- Be sure your course selections are preparing you to reach college admissions standards.
 - Start or continue your “brag sheet” or resume.
- Maintain good grades; READ! (Sophomore and Junior grades almost always count the most)

Junior Planning Guide:

- Register for PSAT.
- Continue refining your list of target schools.
- Research schools on the internet or via books and visits. Use CareerCruising.com for research.
- Attend college fairs in your area. Charles County Public Schools’ College Fair is September 21st.
- Check the Career Center for college reps visiting your high school.
- Research scholarship opportunities using the internet, books, and Career Center resources.
- Update your resume with any new information.
- Plan next two years’ extracurricular and community service activities.
- Think about when to take the SAT or ACT tests – develop your tentative “test plan.”

Senior Planning Guide:

- Get a file “bin” and set up a file for each target school.
 - Attend all high school college-related meetings.
- Attend college fairs. The Charles County Public Schools College Fair is September 21st.
 - Meet with counselor and ask questions.
- Identify all the application deadlines for your schools and fill out checklist.
 - LHS CEEB code 210675 and have it handy along with your SS#.
 - Finalize your resume.
- Research scholarship opportunities from prospective colleges, some require nominations from your counselor.
 - Prep for final SAT/ACT testing and register.
- Ask teachers for letters of recommendation if your colleges want them.
 - Request interviews whenever they are available.
- Print practice apps for all your schools even if you will be doing them online.
- Visit the Career Center and begin researching local scholarship opportunities that are available.



Four-Year "At-a-Glance" Planner

It is important to familiarize yourself with post-secondary options. While there are numerous paths, the LHS College & Career Center focuses on going directly into the workforce, military, apprenticeships, vocational/trade/private career schools, 2-year colleges/universities, and 4-year colleges/universities.

Freshman Year or Before

- Think about careers and college majors. What interests you?
- Set goals for yourself. Will you be trying for a top tier (most selective) college?
- Participate in activities (sports, clubs, and hobbies) that interest you with an eye toward leadership.
- Keep up your grades and take the most challenging schedule you can (and get A's and B's).
- Plan a challenging sophomore curriculum. Can you take one or more AP classes?
- Do not waste your summer. Do something that will enhance your future college applications.

Sophomore Year

- Take challenging classes and keep your grades up. This is one of the most important years.
- Try the PSAT test early for practice and to see how you do. Use it to project your SAT scores.
- Take a career assessment test. Are you getting some career ideas?
- Keep up the activities. Add some community service and volunteer work, and/or a paid job.
- Start to develop a preliminary list of target schools that you might consider.
- Plan a challenging junior curriculum. Can you take one or more AP classes?
- Begin to develop a resume so you can identify where there might be some weaknesses.
- Plan a productive summer that will shore up some aspect of your future applications.

Junior Year

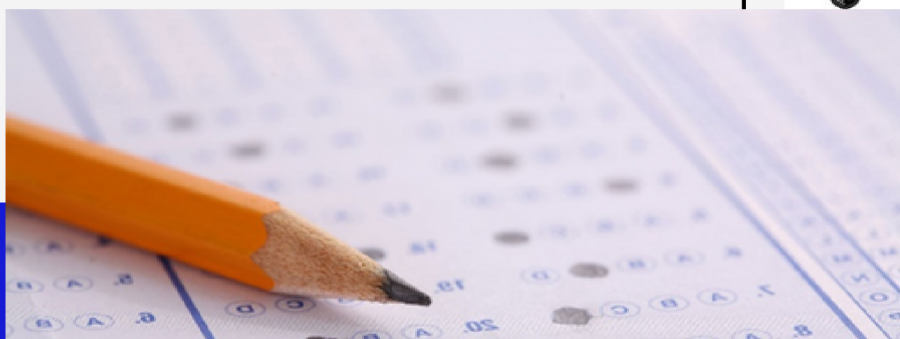
- Take challenging classes and keep your grades up. This is the other most important year.
- Take the PSAT test and see how you do. Use it to project your SAT scores.
- Develop a plan for your standardized testing and how you will prepare.
- Keep up the activities. Add some community service and volunteer work, or a paid job.
- Think about what type of college feels right to you. What are your requirements?
- Have you thought about what you might major in? This can help you select colleges.
- Plan some college visits, at least to nearby ones. Do additional research on the internet.
- Refine your list of target schools and be sure they span the range of "sure" to "reach".
- Discuss with your parents whether there will be financial considerations and aid required.
- Organize a folder of any awards, honors, articles, experiences, etc. that you have received.
- Refine your resume and think about bolstering weak areas. Keep your activities going.
- What SAT's, ACTs, and AP tests are appropriate for this year and when?
- Plan a productive summer that will shore up some aspect of your future applications.

Senior Year

- Take challenging classes and keep your grades up. You cannot afford to get Senioritis!
- Finalize your list of colleges and be sure you are in their database.
- Demonstrate interest. Attend open houses, request information, and ask for an interview.
- Finish any remaining standardized testing. This is your last chance to improve your scores.
- Ask teachers for letters of recommendations as needed. Not all schools take them.
- Finalize your resume. It will help you with your applications.
- Download copies of your colleges' applications. Practice filling them out.
- Have your transcript sent to those schools that want it.
- Work on your college essays and try some drafts. Have others critique them.
- Get your college applications in as early as you can. Consider early decision/action etc.
- Preferably set up on-campus interviews, but interview somehow if they are offered at all.
- Prepare for interviews by looking at common questions and doing mock interviews with others.
- Write thank you notes to anyone who has helped you. (those who wrote letters, interviewers etc.)
- Have mid-year reports sent to any colleges that require them. Make sure all materials are in.
- Fill out financial aid forms such as FAFSA, PROFILE etc. as needed.
- Respond to all colleges that admitted you, either accepting or declining their offers.
- Pay attention to housing, meal plan and other important information and deadlines.
- Have your transcript sent to the school you will be attending.
- If waitlisted at your first choice, accept somewhere else but write them an enthusiastic letter.
- If rejected at your first choice, appeal only if you have something compelling & new to send them.



College Testing Information



College Entrance & Placement Testing

The pandemic prompted many college and universities to be Test Optional for certain years. We are still seeing some college continue to be test optional for admissions this school year. Verify with individual schools if they are going test optional this application cycle. Also, keep in mind, some merit scholarships are based on SAT/ACT scores. You will need to clarify that with individual schools as well.

What is the PSAT?

PSAT Information – The PSAT will be given on Wednesday, October 12th. The deadline for students to register is September 12th. The cost for freshmen and juniors is \$20.

The PSAT is comprised of one 60-minute reading section, one 70-minute math section, and one 35-minute writing and language section. It is NOT used to determine college admissions. It is intended to help students prepare for the SAT AND is used as a National Merit Scholarship Qualifier. Section scores (one math and one reading/writing) are between 160 and 760 for each of the two section scores. The sum of the test scores is between 320 and 1520.

National Merit Scholarship – If you score well on the PSAT and meet additional academic requirements, you may qualify for the National Merit Scholarship Program (a nationally distributed merit-based scholarship). ONLY scores from the junior year are used to determine qualification for the National Merit Program. For more information visit: <https://www.nationalmerit.org/>

What is the SAT and ACT? The SAT and ACT are standardized college admission tests. The test measures the same thing in the same way for everyone who takes it. The results of the tests help colleges determine how well prepared you are for college-level work. Most four-year colleges require that students submit SAT or ACT scores.

When should you take the SAT/ACT? Most students take the SAT or ACT for the first time in June of junior year. Students who choose to take the SAT or ACT a second time typically do so in late summer or early fall of senior year.

For more information on SAT: www.collegeboard.org

For more information on ACT: www.act.org

FairTest: This list includes institutions that are “test optional”, “test flexible” or otherwise de-emphasize the use of standardized tests by making admissions decisions about substantial numbers of applicants who recently graduated from U.S. high schools without using the SAT or ACT. www.fairtest.org/university/optional

What are placement exams? Many colleges will also have a placement exam that you will need to schedule with your college after you receive your acceptance letter.

Where do I go to find help with test preparation? The best thing you can do is take time to prepare and get familiar with the test format before you take the test and PRACTICE! There are many resources out there to help you prepare for the SAT, ACT, ASVAB or college placement testing. Some resources require a fee, while many others are completely FREE! Students are also welcome to visit the College & Career Center to find additional resources! The websites below have FREE practice questions, study guides, articles, flashcards, quizzes, formulas, exam strategies, punctuation rules, grammar rules and more! You have no more excuses...it is time for YOU to get started!

<https://collegereadiness.collegeboard.org/sat/practice>

www.actstudent.org/testprep

www.khanacademy.org/sat

www.princetonreview.com

www.majortests.com

www.varsitytutors.com

www.4tests.com

www.number2.com

Students who qualify for FREE/REDUCED LUNCH should see their counselor or the College and Career Advisor to get a FEE WAIVER so you do not have to pay to take the ACT or SAT.
For more information, stop by the Career Center or see your Counselor.



HENRY E. LACKEY HIGH SCHOOL



ACT and SAT Testing Info, Testing Dates, & Registration Deadlines

Students must register to take the ACT and/or SAT using the links below.

ALL colleges/universities accept scores from BOTH the ACT and SAT!

There are two testing sites in Charles County: Westlake High School & College of Southern Maryland. Seats are limited, REGISTER EARLY so you can reserve a seat at one of these local testing sites.

Pay attention to DEADLINES!

TEST DATES

United States, US Territories, and Puerto Rico



Register to take the ACT at: www.act.org
Pay attention to REGISTRATION DEADLINES!

2022|2023

TEST DATES

REGISTRATION DEADLINES

	Regular Deadline	Late Deadline	Photo Upload Standby Deadline
September 10, 2022	August 5	August 19	September 2
October 22, 2022	September 16	September 30	October 14
December 10, 2022	November 4	November 11	December 2
February 11, 2023	January 6	January 20	February 3
April 15, 2023	March 10	March 24	April 7
June 10, 2023	May 5	May 19	June 2
July 15, 2023*	June 16	June 23	July 7

*No test centers are scheduled in New York for the July test date.

SAT 2022 - 2023 Test Dates & Registration Deadlines (Anticipated)

Test Date	Registration Deadline	Late Registration Deadline (phone/online)
Aug 27, 2022	Jul 29, 2022	Aug 16, 2022
Oct 1, 2022	Sept 2, 2022	Sept 20, 2022
Nov 5, 2022	Oct 7, 2022	Oct 25, 2022
Dec 3, 2022	Nov 3, 2022	Nov 22, 2022
Mar 11, 2023	Feb 10, 2023	Feb 28, 2023
May 6, 2023	Apr 7, 2023	Apr 25, 2023
June 3, 2023	May 4, 2023	May 23, 2023



SAT®

Register to take the SAT at: www.collegeboard.org
Pay attention to REGISTRATION DEADLINES!



Research and Compare Colleges

Big Future – The College Board: Choosing a college is a big and exciting decision. Explore your interests and take the time to find a college that will put you on the path to a bright future. Go to www.bigfuture.collegeboard.org

CappexConnect Online at <http://www.cappex.com> connect with colleges, faculty and admissions, watch live presentations from a variety of institutions on your computers, learn more about specific colleges

CollegeBoard My College QuickStart easy-to-use, online, personalized college and career planning kit available free to all students who take the PSAT/NMSQT. Use access code on PSAT paper score report www.collegeboard.com \quickstart

College Fair Guide Gather information about upcoming Regional and National College Fairs. Search for locations, dates, times, workshops and attending colleges and universities www.collegefairguide.com

College Fairs Online Students can chat with admissions reps and get financial aid information as well as ask any questions they have about college, register at www.collegefairsonline.com to participate

College Majors What can I do with this major? Go to www.collegemajors101.com

College Navigator from the US Dept. of Education, Find the right college for you. www.nces.ed.gov/collegenavigator

College Simply provides clear, easy to understand admission chances, rankings and tools to help simplify the college search process at www.collegesimply.com

College Visits Tours Led and supervised by trained staff and high school counselors. Complete list www.college-visits.com. Tours are set up across the United States and Canada. Register online and call 843-853-8149 for details

College Xpress Connect with colleges and scholarships at www.collegexpress.com

Exploring College Options Exploring College Options is a special informational program sponsored by the undergraduate admissions offices of five of the country's leading universities: Duke University, Georgetown University, Harvard University, the University of Pennsylvania, and Stanford University. www.exploringcollegeoptions.org

Petersons: This website provides information and tools to help you find, get in, and pay for school. www.petersons.com

Virtual tour: www.campustours.com

XELLO: Interest and Skills Assessments – Career Profiles – Multimedia Interviews – College and Financial Aid Information – Electronic Career Portfolio – Resume Builder XELLO can be found in a student's Microsoft 365 account under Clever Apps



Common Application – Over 800 schools, in 47 states and the District of Columbia, as well as ones overseas accept this application platform. For more information: www.commonapp.org

Coalition for Access, Affordability, and Success www.coalitionforcollegeaccess.org Over 90 schools use this application platform including The University of Maryland, College Park

- This is an online college application system that allows high school students, grades 9–12 to set up an account and begin learning about the application and financial aid processes.
- There are 95 public and private universities across the U.S. that comprise the Coalition for Access, Affordability, and Success.

EDU, Inc. Common Black College Application: Apply to all 40+ member institutions with one application fee of \$35 www.eduinonline.com Application includes 2 Maryland schools – Coppin State University and Morgan State University.

Visit a College like an Expert

With the pandemic, it has been difficult to do on-campus tours. However, it is the best way to figure out if a school truly fits you. Take advantage if a school is offering on-campus tours. It is hard to figure out if a college is a good fit without spending time on the campus and talking to students who have been there a year or more. Even if the college is local or a community college, visit the campus. If your family cannot travel to a college, consider that many colleges now offer virtual tours. To help you prepare for a visit to a college campus, there are some key things to keep in mind:

Plan Ahead:

A campus visit goes quickly, so you and your parents should have a plan for the visit. Here are some things to consider:

- Visit websites for information about tours and open houses, as well as campus maps, and parking information.
- Ask about visiting a class or two. Ask which ones are open to visitors, when they are open, and how to go about getting into the class for a visit.
- Look at the college website and catalog. Think about what you want to learn on campus and try to figure out where you can find that information while on campus.
- Fit in additional activities that will give you a better sense of campus life, such as eating in the cafeteria and reading a copy of the student newspaper. Watch how students interact with one another and think about if this were an environment you would feel comfortable.
- Schedule enough time to see and do all you want to do on campus and in the area. It may be easier to visit a college during the summer or winter break, but try to go when school is in session. It will give you a better feel for campus life.

What to Bring:

- Comfortable shoes – campuses can be spread out, and you may be walking for a long time.
- Layered clothing – some buildings may be well air-conditioned and some may not.
- Pen, paper, and a list of questions to ask.
- Anything the college may have asked you to bring.
- Money for lunch, parking, and other incidental expenses.

Questions To Ask During a Campus Visit:

A college guide will tell you some, but not all, of the things you need to know. Always go prepared to ask the admissions office staff and students on campus questions.

For Students:

- Are you happy here? What do you like best? What would you change if you could?
- What kind of extracurricular activities are available to students?
- Did you have trouble getting the classes you wanted?
- Is the dorm room we are seeing typical for a first-year dorm room? Do you know how big a typical first-year dorm room is?

For the Admissions Office

- What percentage of first-year students return for their second year of college?
- What is the graduation rate for students here? How much does that rate vary if students are... low-income? African American? Latino?
- What is the average amount of time it takes students to graduate?
- What is the average size of general education courses here?
- For how many years are students guaranteed campus housing?

Financial Aid information

Who should apply and when?

The Free Application for Federal Student Aid (FAFSA) opens October 1st for current seniors. The FAFSA is the foundation for most financial aid (even some merit aid). It is important that seniors fill it out timely as different schools have different deadlines for the completion of the FAFSA, Seniors should be looking for scholarships now through the end of their time in college. I recommend that seniors check in with their College and Career Advisor at least once a week. Also, check the scholarship section of this newsletter monthly.

There are four main types of Financial Assistance:



- **Scholarships** – Usually merit based. For example, student may receive a scholarship based on academic performance, athletic ability, or artistic talent. Some scholarships are also based on financial need. Scholarships may come from the colleges, State or Federal Government, private parties, corporations, clubs, and organizations.
- **Grants** – Are usually awarded based on financial need, but may also have other criteria. Grants may come from the State or Federal Government, private parties, corporations, clubs, and organizations.
- **Loans** – Must be repaid. Subsidized student loans – do not require the borrowers to pay interest while in school (the Federal government pays the interest while the student is in school.) Unsubsidized student loans – requires the borrowers to pay interest while in school or have it capitalized. Students must complete the Free Application for Federal Student Aid (FAFSA) in order to apply for student loans.
- **Work-Study** – A federal program that provides funds to students through jobs arranged by the college. Students work and earn money, however, these earnings do not affect the FAFSA results. Work-study is applied for on the FAFSA.

Get ready for the FAFSA October 1st opening date by creating an FSA ID.

1. In order to complete the FAFSA, both the student and parent/guardian will need to create an FSA ID.
2. Please note: Each FSA ID user must have a unique e-mail address and social security number.
3. Create an FSA ID at [Create Account | Federal Student Aid](#)



NCAA Eligibility Center Information

What is the NCAA Eligibility Center?

The NCAA Eligibility Center certifies the academic and amateur credentials of all college-bound student-athletes who wish to compete in NCAA Division I or II athletics. To assist with this process, the NCAA Eligibility Center staff is eager to foster a cooperative environment of education and partnership with high schools, high school coaches and college-bound student-athletes. Ultimately, the individual student-athlete is responsible for achieving and protecting his or her eligibility status.

How to find answers to your questions

The answers to most questions can be found in the student-athlete guide or by:

- Accessing the NCAA Eligibility Center's resource page on its website at eligibilitycenter.org
- Contacting the NCAA Eligibility Center at (toll free): 877/262-1492 Fax: 317/968-5100

Keep track of your courses and the units that apply towards eligibility. Use the www.CoreCourseGPA.com program paid for by Charles County Public Schools to monitor your progress towards eligibility. Speak to your high school Coach, Athletic Director, or Counselor for further information.

Athletically Related Financial Aid: Athletic scholarships are awarded by NCAA Divisions I and II colleges/universities. Division III colleges/universities do not award scholarships based on athletic ability, but you may be eligible to receive academic scholarships or need-based financial aid.

How to Activate Your FREE Membership:

Step 1: Go to www.CoreCourseGPA.com

Step 2: In the "New Member Account Creation" box, enter:

School ID: 210675

Steps to Achieving Your Eligibility



Freshmen and Sophomores

- Start planning now!
- Work hard to get the best grades possible.
- Take classes that match your high school's List of NCAA Courses. The NCAA Eligibility Center will use only approved core courses to certify your initial eligibility.
- At the beginning of your sophomore year, complete your online registration at www.eligibilitycenter.org.
- If you fall behind, do not take short cuts. Classes you take must be four-year college preparatory and must meet NCAA requirements.

Juniors

- Register to take the ACT, SAT or both and use the NCAA Eligibility Center code "9999" as a score recipient. Doing this sends your official score directly to the NCAA Eligibility Center.
- Continue to take college preparatory courses. Double check to make sure the courses you have taken match your school's List of NCAA Courses.
- Ask your high school counselor to send an official transcript to the NCAA Eligibility Center after completing your junior year. If you have attended more than one high school, the NCAA Eligibility Center will need official transcripts from all high schools attended. (The NCAA Eligibility Center does NOT accept faxed or emailed transcripts/test scores.)
- Before registering for classes for your senior year, check with your high school counselor to determine the number of core courses that you need to complete your senior year.

Seniors

- Take the ACT and/or SAT again, if necessary. The NCAA Eligibility Center will use the best scores from each section of the ACT or SAT to determine your best cumulative score
- Continue to take college-preparatory courses.
- Check the courses you have taken to match your school's List of NCAA Courses.
- Review your amateurism responses and request final amateurism certification on or after April 1 (for fall enrollees) or October 1 (for spring enrollees).
- Continue to work hard to get the best grades possible.
- Graduate on time (in eight academic semesters).
- After graduation, ask your high school counselor to send your final transcript to the NCAA Eligibility Center with proof of graduation.

Maryland Higher Education Resources



Maryland Higher Education Commission (MHEC)

The Maryland Higher Education Commission (MHEC) is the State of Maryland's higher education coordinating board responsible for establishing statewide policies for Maryland public and private colleges and universities and for-profit career schools. MHEC also administers state financial aid programs. Their website provides information and numerous resources for students and parents. For more information, please go to: www.mhec.state.md.us

College Resources & Financial Aid Programs:

The state as an extensive range of college resources and financial aid programs in the form of grants, scholarships, and other awards for students who want to further their education beyond high school. For more information, please go to: www.mhec.state.md.us/preparing/Pages/default.aspx

Maryland Community College Promise Scholarship:

The Promise Scholarship creates opportunities for students to attend one of Maryland's public community colleges by providing tuition assistance for any student eligible for in-state tuition. Visit Community College Promise Scholarship (maryland.gov) for more information How to Apply, Eligibility Criteria, Award Amount, Renewing an Award, Service Obligation Requirements

Artsys: The Articulation System for Maryland Colleges and Universities

ARTSYS is intended to aid the transfer of students from Maryland community colleges to the University System of Maryland institutions and other participating institutions. For more information go to: <https://artsys.usmd.edu/>

Maryland Private Career Schools:

Maryland offers numerous private career school opportunities. Private Career Schools are also variously known as trade or technical schools or occupational training schools. These schools focus on a wide range of skilled training including cosmetology, real estate, computer, and truck driving. Search for more information and programs at PCS Search (maryland.gov)

Military News



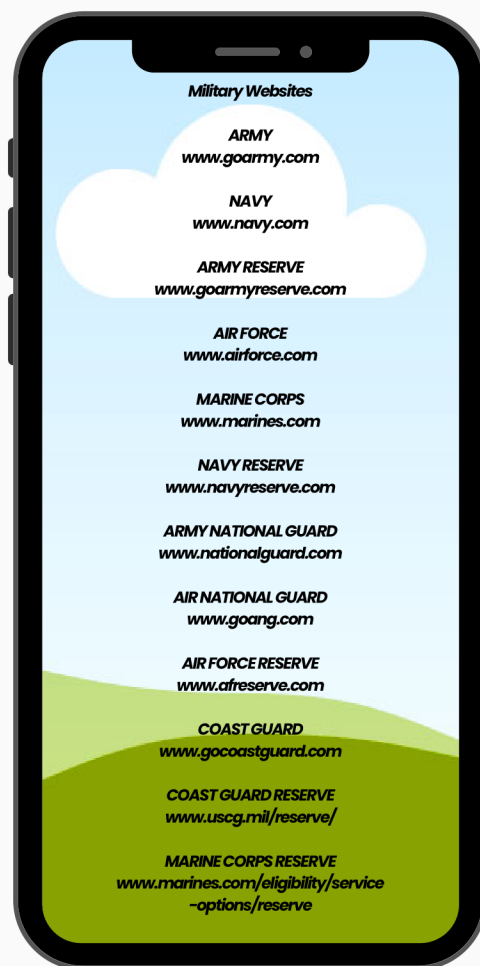
What is the ASVAB?

The Armed Services Vocational Aptitude Battery (ASVAB) is a multi-aptitude test battery. It consists of eight short individual tests covering General Science, Arithmetic Reasoning, Word Knowledge, Paragraph Comprehension, Mathematics Knowledge, Electronics information, Auto and Shop Information, and Mechanical Comprehension. Not only do you receive scores on each of these individual tests, you also receive career exploration scores. These scores are the results of individual tests combined to yield three career exploration scores: Verbal Skills, Math Skills, and Science and Technical Skills.

What is the relationship between the ASVAB and the Military? ASVAB participants are not under any obligation to the Military as a result of taking the ASVAB. However, a junior or senior can use their scores from the ASVAB to enlist in the Military after graduation. The scores are good for two years. Many students take the ASVAB for career exploration and have no interest in military occupations. Visit the website at www.asvabprogram.com.

ASVAB Links:

- ✓ Information about the ASVAB - <http://www.asvabprogram.com/>
- ✓ Parent Fact Sheet - http://asvabprogram.com/downloads/ASVAB_factsheet-parents.pdf
- ✓ Overview of the Program - http://www.asvabprogram.com/downloads/ASVAB_Fact%20Sheet.pdf
- ✓ Sample questions - <http://www.asvabprogram.com/index.cfm?fuseaction=overview.testsample>
- ✓ FREE help and practice questions - <https://www.march2success.com/>, www.asvabtutor.com; www.military.com, www.tests.com;
- ✓ ASVAB Program Arcade Games - <http://www.asvabprogram.com/games/index.html>



- ***The ASVAB is FREE and available for interested Juniors and Seniors.***
- ***Lackey's ASVAB test date will be announced soon.***
- ***Please see Ms. Wilmot in the College & Career Center to register.***

Research Jobs & Careers

Employment Information –

• There are many websites available for you to be able to browse jobs that are available in a certain area and/or use their resources to learn some tips to help you when you are finding a job. Go to: www.indeed.com, www.glassdoor.com, www.careeronestop.org, www.snagajob.com, www.onetonline.org.

• The Maryland Job Service is located at 175 Post Office Road in Waldorf, Maryland. Office hours for Job Service referrals are from 8:00 am–4:00 pm daily. Maryland Job Service: 301-645-8712 or go online at: www.dllr.state.md.us/county/smd/ OR the Maryland Workforce Exchange website at: <https://mwjobs.maryland.gov>

• Federal Jobs and Internships – Students and recent graduates may be eligible for federal internships and job opportunities through the Pathways and other student programs: www.usajobs.gov/Help/working-in-government/unique-hiring-paths/students

DOD Pathways for the Future – Figure out what's next! This website presents career, college, and the military as options, allowing students to explore all possibilities and gain insight into each option. More than 1,000 civilian and military career fields and nearly 7,000 accredited colleges and trade schools are featured. Go to: www.myfuture.com.

Work Permits – Students who are between 14 – 17 years of age and would like to work are required to get a work permit. For more information and to apply online, go to: <https://www.dllr.state.md.us/labor/wages/empm.shtml>

O*NET OnLine – This is a tool for career exploration and job analysis. This site has detailed descriptions of the world of work! Build your future with O*NET OnLine: <http://www.onetonline.org/>

My Next Move – U.S. Department of Labor's Career Search Tool: www.mynextmove.org

Maryland Natural Resources Police – Natural Resource Cadet, high school graduate (men and women) between ages of 18 and 20, full-time position. Apply at: www.dnr.state.md.us/nrp

STEM Jobs – Discover your career, do what you love, go to www.STEMjobs.com click on "Find Your STEM Type", take a quiz and get results, see which jobs match your type.

Marine Trades Association of Maryland – Career opportunities in the boating industry. www.mtam.org

Lundeberg Maryland Seamanship School, Inc. – A vocational school dedicated to preparing students for successful careers as U.S. merchant mariners. Tuition-free training, no prior experience necessary, www.seafarers.org Located on the campus of the Paul Hall Center for Maritime Training and Education, 45353 St. Georges Ave., Piney Point, MD 20674 www.mtam.org

Maryland Dental Assistant School – 10 weeks, entry-level dental assistant program, Dr. Evelyn Leach, 888-401-4555, fax 240-253-2673, 15638 Livingston Road Unit 9, Accokeek, MD 20607

Divers Academy International – Career opportunities in commercial diving and underwater welding, hands-on learning, comprehensive certifications, 5-month program, career assistance, high job placement, high income potential. www.diversacademy.edu

United States Intelligence Community Intelligence Careers – The Intelligence Careers (IC) offers students a wide variety of excellent programs to get a jumpstart on a career in intelligence. Choose your agency, education level, field of study and the type of opportunity you're looking for, and match your needs to theirs. For more information go to: <https://www.intelligencecareers.gov/>

Year Up (National Capital Region) – Year Up is a one-year, intensive training program that provides low-income young adults from the National Capital Region, ages 18–24, with a combination of hands-on skill development, college credits and corporate internships. The first six months of the program focuses on technical and professional skill building, while the second six months focuses on applying these skills through corporate internships. Year Up is FREE of charge and students earn a weekly stipend. For more information, go to: www.yearup.org. You can also contact the admissions office at 703-312-9327 or NCRadmissions@yearup.org and attend an Open House (see website for dates).

Apprenticeships

Maryland and U.S. Apprenticeship and Training Program – Apprenticeships combine supervised, structured, paid on-the-job training and related technical instruction to teach apprentices the skills necessary to succeed in a specific occupation. The apprentice works full time and receives training from the sponsoring organization.:

- U.S. Apprenticeship and Training Program www.apprenticeship.gov
- MD State Apprenticeship and Training Program www.dllr.state.md.us/employment/appr/
- Baltimore DC Building Trades <https://www.bdcbt.org/>
- Boilmakers:Fabrication (and repairs) of steel, iron or copper into boilers. Local #45- Zone 193, (410) 355-2344 www.boilermakers.org
- Bricklayer: Laying and binding of building materials, such as brick, structural tile, concrete block, cinder block, glass block and terra-cotta block, with mortar and other substances to construct or repair walls, partitions, arches, sewers and other structures. Local #1, (240) 695-9463 <http://www.bacweb.org>
- Carpenters:Fabrication, building and installation of a variety of materials. KML Carpenters Local #197, (301) 736-1696 <http://www.mactc.net>
- Pile Drivers:Specialize in earth retention. Local #441, (301) 735-6660 ext. 123 <http://www.mactc.net>
- Millwrights:Install, erect, dismantle and clean heavy machinery, equipment and other heavy materials. Millwrights Local 219, (215) 569-255 <http://www.easternmillwrights.com/>
- Plasterers and Cement Masons: Work primarily with concrete and plaster materials to conduct the “finishing” work such as curbs, sidewalks, decorative molding, etc. Local #891, (202) 398-5859 <http://www.opcmia.org>
- Electricians and Telecommunications Technicians: Electricians install and repair the wiring that brings electrical power into any type of building or structure. Telecommunications install and repair the wiring for telecommunications (phone, cable, internet) into a building. Local #26, (301) 429-2575 www.ibewlocal26.org; <http://www.getchargedup.org>
- Elevator: Repair, install, maintain, and modernize systems that move us such as elevators, escalators, moving walkways, home lifts and wheelchair and handicap lifts. Local #10, (301) 459-0497 <http://www.iuec10.org>
- Heat and Frost Insulators: Installs, repairs, and maintains insulating material to prevent or reduce the passage of heat, cold, vapor, moisture, sound, or fire. Local #24, (301) 498-9162 <http://www.insulators24.org>
- Ironworkers:Construct and reinforce iron or steel components outlined in a structures plans. Local #5, (301) 599-0940 <https://www.ironworkerslocal5dc.com/>
- Plumbers and Gasfitters:Install, remove, and maintain plumbing and gas systems for piped fixtures, fixed appliances and accessories. Local #5, (301) 552-3505 <https://local5plumbers.org/>
- Sheet Metal Workers: Designs, fabricates, installs, air balance, repairs, and alters sheet metal products. Local #100, (301) 5688655 ext. 3 <http://www.smart100trainingcenter.org/>
- Sprinkler Fitters:Sprinkler fitters are pipefitters who specialize in the repair and installation of sprinkler systems that help prevent the spread of fires in residential and commercial buildings. Local #669, (410) 312-5202 <http://www.sprinklerfitters669.org/>
- Steamfitters: Maintain, repair, assemble, and even create pipe and piping systems. Local #602, (301) 341-1555 www.steamfitters-602.org/

Volunteer



Volunteer opportunities are a very important part of your resume, college application, and job application. Make sure you take advantage of getting involved and volunteering!!! Colleges and businesses are looking for well-rounded individuals who are making a difference!!! With the pandemic, some of the volunteer policies have changed. Make sure you are contacting the organization directly for current guidelines.

***Charles County Children's Aid Society:** Volunteers are needed on a daily basis or various activities. For more information, visit <http://childrens-aid-society.org/> or contact the volunteer coordinator at 301-645-1561.

***Charles County Sheriff's Office TEEN COURT:** TEEN COURT is seeking youth volunteers to serve as jurors and prosecution and defense attorneys. To find out more about this program contact Ms. Sarah Vaughan, Teen Court Coordinator, at 301-609-3916 or visit www.ccsso.us.

***The Humane Society of Charles County, Inc.:** The Junior Volunteer Program is set up for those who are under 18. You can complete a volunteer Enrollment form online at <https://humanesocietycc.org/volunteer/>. For questions email Heather Takeuchi at htakeuchi@humanesocietycc.org or call 301-645-8181.

***LifeStyles of Maryland Foundation, Inc.:** Volunteers are needed to help provide services to those who are economically disadvantaged. For more information, call 301-609-9900 or visit Volunteer | Be the Change in Southern Maryland (lifestylesofmd.org).

***Melwood:** Volunteers are needed to assist in many areas that help individuals of differing abilities. If you are interested in volunteering with Melwood, visit <https://melwood.org/volunteer-opportunities/> or call 301-599-2724.

***Our Place Soup Kitchen:** Volunteers are needed to sponsor dinners, set up, clean up, and serve the meals. To find out more information about volunteering go to: <http://www.ourplacewaldorf.com/volunteer/>

***Sagepoint Senior Living Services:** Volunteers are needed to assist in several areas to help senior citizens. For more information and to download an application go to: <https://www.sagepointcare.org/about-us/volunteering/> or you may contact a Volunteer Services Representative at 301-934-1900.

Charles County*Rotary Interact Club: The Rotary Club is a service organization whose stated purpose is to bring together business and professional leaders in order to provide humanitarian service and to advance goodwill and peace around the world. It is a non-political and non-religious organization open to all. Home | NCAC | neighborhoodcreativeartscenter.org | Southern Maryland or Ms. Georgia at mgeorgia@neighborhoodcreativeartscenter.org

***Southern Maryland Food Bank:** Volunteer opportunities for ages 16+ or 12-15 with an adult. Volunteers work in the Food Pantry stocking, bagging, and distributing food. You can visit <https://southernmarylandfoodbank.com/volunteering/> or contact them at 301-274-0695.

***Spring Dell Center, Inc.:** Volunteers are needed to assist in many areas that help people with disabilities. For more information, go to: Volunteer Application (springdellcenter.org), call 301-934-4561 or 301-870-3758.

***Tri-County Youth Services Bureau, Inc.:** The TCYSB is looking for volunteers to help a young person realize his or her fullest potential. For more information visit <http://tcysb.org/>, call 301-645-1837 or email info@tcysb.org.

***UM Charles Regional Medical Center – Volunteer Program** Teens between the ages of 14 and 17 are exposed to the healthcare environment while deciding if healthcare is the career for them. The program also offers teens an opportunity to serve their community and its residents. Volunteers learn about the hospital setting while assisting staff members and patients. Volunteers spend between 4 and 30 hours each week at the University of Maryland Charles Regional Medical Center over the summer. For more information visit <https://www.umms.org/charles/about/volunteer-opportunities>

VOLUNTEER AT SCHOOL!

There are numerous clubs available for you to join at Lackey High School. Many of the clubs participate in several service projects throughout the year that benefit members of our community. Make sure you join at least one of these clubs so you can

VOLUNTEER and BE THE DIFFERENCE!

Scholarships

- **September Deadline:**

Cameron Impact Scholars

Eligible: Seniors

Criteria: For those who have demonstrated excellence in academics (3.7+), extracurricular activities, leadership, and community service.

Award: Full tuition, fees, and books

Deadline: 9/9, <https://www.bryancameroneducationfoundation.org/scholarshipg>

The Gates Scholarship

Eligible: Seniors

Criteria: Highly selective, full scholarship for exceptional, low-income minority students (must be Pell-eligible).

GPA 3.3+, demonstrated leadership ability, exceptional personal success skills

Award: Amounts vary

Deadline: 9/15, www.thegatesscholarship.org/scholarship

QuestBridge

Eligible: Seniors

Criteria: For low-income students who have excelled academically, top 5-10% of your class, SAT 1310 or ACT 28, eligible for free or reduced price lunch

Award: Four-year scholarships

Deadline: 9/27, www.questbridge.org

- **October Deadline:**

AES Engineering Scholarship

Eligible: You are NOT required to be taking Engineering course to be eligible. Students must submit an essay of between 500 and 1000 words in answer to the following question: When you look back on your life in 30 years, what would it take for you to consider your life successful? What relationships or accomplishments will be important on this journey?

Criteria: submit the essay to: scholarships@aesengineers.com

Award: \$500

Deadline: 10/8 <http://www.aesengineers.com/scholarships.htm>

Coca-Cola Scholars Program

Eligible: U. S. Citizen, high school senior, planning to attend an accredited post-secondary institution

Criteria: Demonstrated leadership, commitment to community, academic achievement, employment

Award: \$10,000 – \$20,000

Deadline: 10/31 students apply on-line www.coca-colascholarsfoundation.org

Horatio Alger Association Awards

Eligible: Seniors

Criteria: GPA 2.0+, students must demonstrate integrity, hard work, academic achievement, participation in their community, and plan to pursue bachelor's degree, also demonstrates financial need.

Award: various

Deadline: various, apply online at <http://scholars.horatioalger.org>

UMBC Meyerhoff Scholarship Program

Eligible: High School Seniors

Criteria: Minimum 600 Math SAT, or 24 on ACT, GPA 3.0+ and aspire to obtain Ph.D. or MD/Ph.D. in Math, Science, Computer Science, or Engineering. Displayed commitment to Community Service,

Award: Tuition, mandatory fees, room & board for up to four years.

Deadline: Students interested in being considered for nomination must email Mrs. Jones at cajones@ccboe.com by 10/1

Wendy's High School Heisman Award

Eligible: Seniors

Criteria: Students with a B average and who participate in a school sport and are dedicated to being school role models

Award: Heisman Patch, Bronze Medal, up to \$10,000 for students High School

Deadline: 10/18 apply online at www.wendyshighschoolheisman.com

• **November Deadline:**

Hispanic Heritage Foundation/Youth Awards

Eligible: Senior, Hispanic heritage, enroll at an accredited higher education institution

Criteria: GPA 3.0+ unweighted, community involvement

Award: up to \$3,500

Deadline: 11/13 <https://hispanicheritage.org/programs/leadership/youth-awards/>

Prudential Spirit of Community Award

Eligible: Students in grades 5 - 12

Criteria: has engaged in a volunteer activity that occurred within the past year, school nomination required

Award: \$1,000, medallion & all-expense paid trip to Washington, D. C. with parent in May.

Deadline: 11/3 application due online at <http://spirit.prudential.com> Please email Mrs. Jones cajones@ccboe.com if you submitted an application

• **December Deadline:**

Kahlert Foundation Scholarship for Towson UTeach

Eligible: Seniors

Criteria: Plan to enroll in Towson to pursue teaching certification in grades 7-12 (science or mathematics), GPA 3.25+ (unweighted), letters of recommendation, transcripts

Award: Up to \$10,000

Deadline: 12/1; for more information about and how to apply, visit:
www.towson.edu/fcsm/departments/uteach/scholarships.html

- **February Deadline:**

National Society DAR Scholarships

Multiple scholarships, pursuit of degrees in diverse disciplines including history, law, nursing, and education. For information and applications: http://dar.org/natsociety/edout_scholar.cfm

Deadline: 2/15

Hispanic Scholarship Fund Scholar

Eligible: Seniors

Criteria: 3.0+ unweighted GPA, low income (will need to submit FAFSA)

Award: varies

Deadline: 2/14; for more information about and how to apply, visit: HSF: Scholarship

- **Ongoing:**

Kids' Chance of Maryland, Inc.

Eligible: Student with a parent or guardian who has suffered a catastrophic or fatal accidental injury or occupational disease while working for a Maryland employer

Award: Varies, depending on need and educational expenses, covers tuition and books, may also include housing and meals

Apply: <https://www.kidschance-md.org/>

Coca-Cola Scholars Program

Eligible: U. S. Citizen, high school senior, planning to attend an accredited post-secondary institution

Criteria: Demonstrated leadership, commitment to community, academic achievement, employment

Award: \$10,000 – \$20,000

Deadline: 10/31 students apply on-line www.coca-colascholarsfoundation.org

Scholarship and College Information Online

www.mhec.state.md.us

Scholarships.com Search Free College Scholarships Financial Aid Grants Scholarships College Scholarship Free Scholarships

www.fastweb.com

www.meritaid.com

www.studentscholarships.org

www.central-scholarship.org

Scholarship Finder | CareerOneStop

<https://bigfuture.collegeboard.org/>

www.collegecost.ed.gov

<http://www.chegg.com/scholarships>

www.going2college.org

ACT College Planning Resources – Students and Parents | ACT

Black Scholarships | African American Scholarships | Black Colleges

WELCOME TO UNCF SCHOLARSHIPS, PROGRAMS, INTERNSHIPS, AND FELLOWSHIPS!

Finding and Applying for Scholarships | Federal Student Aid

College Board Opportunity Scholarships

This program is a guide for the college application process. Multiple ways to earn scholarships up to \$40,000.

<https://opportunity.collegeboard.org>

GI Transferability Bill

Post 9/11 GI Bill family transfer option allows service members to shift their benefits to their families. For more information, see Post-9/11 GI Bill | Veterans Affairs (va.gov). U.S. Senate approved a new benefit for student veterans and their families. The proposal would require public universities that want to continue receiving GI Bill benefits to offer recent veterans in-state tuition. Veterans' spouses and dependents are also being eligible for the benefit.

Hispanic Scholarship Fund senior, citizens or legal permanent residents, GPA min 3.0 cumulative, plan to enroll in college full time in the Fall, apply online:www.HSF.net/, applications close in December

Medical Condition Scholarships

Scholarships that are offered for students with specific medical conditions or some for students who have a parent or a family member with a specific diagnosis. Most can be used at any school. Some cover one specific condition, while others cover whole types of diagnoses (such as all types of cancers) or even all chronic diseases.

How to Search for Scholarships

The scholarships are sorted several ways:

- By Medical Condition/Diagnosis (specific conditions such as brain cancer or general categories like cancer)
 - By Non-Medical Condition (social, emotional, psychological or educational issues and disabilities. This includes such categories as bereavement, bullying victims, family issues and children whose family has or is in the Armed Forces).
- By All Conditions
- By Residency of Applicant
- By Scholarship Name

<http://www.needymeds.org/scholarships.taf>

- By School – To be eligible for scholarships offered by individual schools, the student must apply and be planning to attend that particular college or university. Check the individual school website for latest information

“CALL ME MISTER” program is offered by four historical black colleges in South Carolina: Benedict College, Claflin University, Morris College and South Carolina State University. For more information, go to The Call Me MISTER® Initiative’s goal is to increase the pool of available teachers from a broader more diverse background (clemson.edu) for details online or call 1-800-6402657.

Child Care Career and Professional Development Fund MSDE tuition assistance program for child care providers to obtain a college education at participating colleges/universities in Maryland. Funding is available in the following areas: Early Childhood Education, Child Development, Elementary Education, and Special Education. For additional information: Southern Tri-County (Calvert, Charles and St Mary’s Counties) 41670 Courthouse Dr., Leonardtown, MD 20650, (301) 475-3770, (800) 874-6797
<http://earlychildhood.marylandpublicschools.org/funding-opportunities/family-child-care-provider-grant-program>

McDaniel College, Educator’s Legacy Scholarship Children of current K-12 educators (any service in school qualifies) who have at least 4 years of continuous full-time employment in a school setting are eligible to receive a scholarship valued at up to \$25,000 per year, www.mcdaniel.edu/EduLegacyScholarship

National Young Arts Foundation Artist between the ages of 15 and 18 or grades 10 to 12, YoungArts has recognized more than 20,000 young artists and facilitated more than \$60 million in scholarships in the past two years. Applications accepted in Cinematic Arts, Dance, Design Arts, Jazz, Music, Photography, Theater, Visual Arts, Voice, Writing, and Spoken Word. DEADLINE: 10/15; www.youngarts.org/apply

Gordon Croft Scholarships

To be eligible for the Croft Scholarship awards, students must reside in Southern Charles County, south of Route 225 from La Plata to Indian Head and south of Route 6 from La Plata to the St. Mary's County line, as well as students residing in La Plata and Indian Head towns. Students who reside in this defined area and who demonstrate financial need are eligible to apply

University of Maryland (College Park, MD) A. James Clark School of Engineering is offering 3 renewable scholarships: The Carol Croft Linde, The Kent Gordon Croft and The Russell Gordon Croft Southern Charles County Scholarships for students, engineering major, financial need
Washington and Lee University– Russell Croft '96 Scholarship provides tuition scholarships to students who demonstrate financial need and who physically attend the Lexington, VA campus. The scholarship awards up to \$9,000 per year.

Randolph College – Jane Aurell Croft Scholarship provides tuition scholarships to students who demonstrate financial need. The scholarship awards up to \$8,000 per year. The scholarship is awarded by the Director of Financial Planning and Assistance.

Johns Hopkins University– Russell Gordon Croft Southern Charles County Scholarship provides a tuition scholarship to students who demonstrate financial need. The scholarship awards up to \$12,000 per year.
Dartmouth College – Croft Scholarship Award provides a tuition scholarship to students at Dartmouth who demonstrate financial need. The scholarship awards up to \$10,000 per year. Contact the Dartmouth Financial Aid office for details.

Visit the LHS College & Career Center website to view more information on post-high school activities, important notices on upcoming events, and scholarships. These programs, opportunities, and scholarships are provided as a courtesy. Charles County Public Schools and Lackey High School do not rate the quality or value of any of these. For more information, please contact Ms. Wilmot at mwilmot@ccboe.com.

The Charles County public school system does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, gender identity, age or disability in its programs, activities or employment practices. For inquiries, please contact Kathy Kiessling, Title IX/ADA/Section 504 Coordinator (students) or Nikial M. Majors, Title IX/ADA/Section 504 Coordinator (employees/ adults), at Charles County Public Schools, Jesse L. Starkey Administration Building, P.O. Box 2770, La Plata, MD 20646; 301-932-6610/301-870-3814. For special accommodations call 301-934-7230 or TDD 1-800-735-2258 two weeks prior to the event. CCPS provides nondiscriminatory equal access to school facilities in accordance with its Use of Facilities rules to designated youth groups (including, but not limited to, the Boy Scouts).